

General Contact Details

Institution	Østfold University College
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International Faculty Coordinators

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	Rebecca Norvang
	International Team contact person
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Academic and Exchange Details

Nomination and application for incoming	Before applying, students must be nominated by their home
Erasmus+ students	institution:
	https://www.hiof.no/english/studies/exchange-students/how-to-
	apply/nomination-process/index.html
	Nomination and application deadlines:
	For studies in the autumn semester: 1 May
	For studies in the spring semester: 1 November
	How to apply:
	https://www.hiof.no/english/studies/exchange-students/how-to-
	apply/online-application/index.html
Semester dates	Autumn: mid-August - mid-December
	Spring: January - mid-June
	See Academic Calendar for updates:
	https://www.hiof.no/english/studies/about/academic-calendar/
	nteps/// www.mormo/english/statiles/about/about/moraleman/
	Dates above correspond with the Learning Agreement:
	The start date of the study period is the first day the student has
	been present at the receiving institution, for example, for the first
	course, for a welcoming event organised by the host institution or
	for language and intercultural courses.
	The end date of the study period is the last day the student has
	been present at the receiving institution, and not his actual date of
	departure. This is, for example, the end of exams period, courses or
	mandatory sitting period.



Courses	List of savessa offered in English.
Courses	List of courses offered in English:
	https://www.hiof.no/english/studies/exchange-students/courses-
	for-exchange-students/index.html
Credit system	ECTS. For further information, please refer to
	https://www.hiof.no/english/studies/about/credit-system-and-
	grading/
Transcripts and grades	Digital transcripts of records can be ordered by the students and,
	when necessary, hard copies can be ordered.
	https://www.hiof.no/english/studies/about/diploma-and-transcript/
Housing	Student accommodation is guaranteed for all international
	exchange students that apply online before the deadline.
	https://www.hiof.no/english/student-life/housing/
Insurance	All students must have health insurance covering their entire stay
	in Norway. We strongly recommend all students to have travel and
	property insurance in addition to their health insurance.
	https://www.hiof.no/english/student-life/health-insurance/
Special Needs	If you have an illness, functional impairment or other difficulties
	that make studying more challenging, you may be entitled to
	special adaptation. Please contact us as soon as possible
	at specialneeds@hiof.no.
Other useful information	Information about the before, during and after phases of studying
	at Østfold University College:
	https://www.hiof.no/english/studies/international-
	students/index.html